

Left & Right Feet – “Hokey Pokey” (Combo 1)

PROP: Have each dancers stand in a hula hoop

Intro:

- **Wait 8 Counts**
- 8cts: 4 Bounces/touching knees

Part A: Right & Left Arm & Feet

32cts – “You Put Your Right Foot in...”/Hokey Pokey

- “You put your right foot in” - Point right foot outside the hula hoop
- “You put your right foot out” - Bring right foot back into the hula hoop
- “You put your right foot in” - Point right foot outside the hula hoop
- “And You Shake it all about” - Shake right foot in air
- “You do the Hokey Pokey & You Turn Yourself Around” - Sugars in circle – shaking jazz hands at head-level
- “That’s what it’s all about” – 4 Claps

32cts – “You Put Your Left Foot in...”/Hokey Pokey

32cts – “You Put Your Right Hand in...”/Hokey Pokey

32cts – “You Put Your Left Hand in...”/Hokey Pokey

BREAK:

8cts – “Clap Down Low, Do the Hokey Pokey”

- 4cts - “Clap Down Low” (2 Slow Claps Low)
- 4cts – “Do The Hokey Pokey” (Shake Hips/Boogie)

8cts – “Clap Up High, Do the Hokey Pokey”

- 4cts – “Clap up High” (2 Slow Claps High)
- 4cts – “Do the Hokey Polkey (Shake Hips/Boogie)

16cts – Repeat above two eight counts

Part B: Whole Body

32cts – “You Put Your Whole Self In” (Jump in)、“You Put Your Whole Self Out” (Jump Out).../Hokey Pokey

END:

1ct – Pose
